

#### PAPER

Use both sides of your writing and drawing paper. Use cloth towels instead of paper towels. Recycle newspapers, magazines, comic books, catalogs, cardboard, and junk mail. Reuse envelopes by pasting labels over the address area and cover the return address with your own return address label. Use paper shopping bags to cover books, draw pictures, wrap packages or hold newspapers for recycling. Cut up unused printed sheets from your computer at home to use the back of the sheets for scrap paper. Use layers of newspaper in the garden for mulch to control weeds and conserve water. Shred newspapers papers and add them to your compost pile along with leaves, clippings and weeds pulled from the garden.

#### PLASTIC

Wash plastic food containers and use them to store leftovers, craft items, or small household goods such as buttons, nails, screws, game pieces or garden seeds. Reuse clean plastic shopping bags. Return soft drink bottles to the store for cash redemption. If your location doesn't charge a deposit, then recycle them with other plastics according to your community's guidelines. Avoid purchasing plastics that cannot be reused or recycled. Boycott "blister" packages and over-packaged products in favor of paper, cardboard or reusable materials.

#### **GLASS**

Keep glass bottles and jars to store other things. Recycle glass bottles and jars.

### **CLOTHES**

Give clothes you've outgrown or no longer need to relatives or friends. Donate clothes to charitable organizations. Sell outgrown clothing at thrift/resale shops. Cut unwearable clothing and worn out sheets, blankets and towels into rags to use instead of paper towels. Make patchwork items or napkins from fabric scraps.

## METAL

Keep leftovers in storage containers instead of wrapping them in foil. Use glass or stainless steel pans instead of disposable pans. Recycle aluminum **cans a**nd foil trays. Return wire hangers to the dry cleaner.

# FOOD/YARD WASTE

Cut down the amount of food you throw out. Plan leftovers for snacks or meals the next day. Make a compost pile in your garden from fallen leaves, grass clippings, vegetable and fruit peels, and other non-protein kitchen scraps.

### **BATTERIES**

Use rechargeable batteries for toys and games, radios, tape players, and flashlights. Find out about your town's rules for recycling or disposing of batteries.